



**Investigación
Gestalt**
SANTIAGO 2019
IV Congreso Internacional de Investigación
en Psicoterapia Gestalt

**MAYO
29,30,31**

JUN 1^o

SANTIAGO
CHILE

Giuseppe Spano. Italia

Back-and-forth on a Moebius strip - intuition and beauty of counterintuitive phenomena

Subtitle: GEI -Gestalt Epistemological Isomorphism / Reconciling scientific requirements of academic research with Gestalt Therapy Expected duration: 1 hour. Abstract (300 words): Present scientific mainstream is characterized by the astonishing and counterintuitive statements and achievements of Physics both in Quantum Mechanics and Relativity. As Gestalt Therapists (and Researchers) should we get inspirations and hints and from such a meaningful paradigm shift? Fundamentally inspired by the principles and achievements of Quantum Mechanics, the ambitious target of this work is the formalization of an original and growing methodology framework aimed at supporting Gestalt Therapy Research. Gestalt Epistemological Isomorphism (or GEI) is fundamentally a set of formally organized theoretical statements representing the key to transposing, leveraging and “merging” principles of quantum physics, formalization of mathematic and metaphors of Computer Science in Gestalt Practice-based Research (and - in perspective - in Gestalt Therapy practice). GEI provides an innovative frame of reference in Gestalt Therapy and Practice-based Research by creating a formal hermeneutic pattern oriented to minimize the gap (namely – some gray areas or ambiguity) between Gestalt theoretical statements and what is generally recognized as the proven effectiveness of Gestalt Therapy practice. GEI develops, expresses and refers to a corpus of Gestalt core concepts (e.g.: “here and now”, “field”, “contact”, “cycle of contact” ...) through formalization (where possible leveraging mathematical constructs) that will allow Gestalt therapists to take advantage both a) while facilitating the therapy process (no matter if dyadic therapy, family or groups therapy) by banking on the link among their own perceptions, emotions, feelings and intuitions and a solid theoretical frame of reference and b) visualizing a metaphorical layer in between the “background” of the “phenomenological field” and the forming / emerging gestalt (or shapes, figures) generated by (and inside) the on-going dialogical therapeutic process. In conclusion, GEI regards both methodology and methods by providing a “bridge” that reconciles the scientific requirements of academic research and both practice-based research and Gestalt Therapy holistic clinical approach.